

Breakfast menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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Chilled fruit juices
Fresh milk
Hot Chocolate, Tea.

Daily selection of breakfast cereals with toppings and milk

Wholemeal or white toast with butter, flora, jams, marmalades or marmite

Hash Browns and Baked Beans Toast Fresh fruit pots	Scrambled Eggs and Grilled Bacon Fresh Fruit Pots	Pork Sausage and Grilled Tomatoes Fresh Fruit Pots	Cheese and Ham Croissants Whole Fresh Fruit	Boiled Eggs Fresh Fruit Smoothie Fresh Fruit Pots	Poached Eggs and Roast Ham Whole Fresh Fruits	Homemade pancakes with maple syrup Fresh Fruit Pots
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Lunch menu

Homemade soups	Selection of home baked breads, toppings and accompaniments						
	Tomato and Basil	Butternut Squash and Sweet Potato	Leek and Potato	Broccoli and Stilton	Spiced Lentil and Bean		
Main meal	Chicken Supreme and Steamed Rice	Beef Bolognaise	Chicken in Black Black Bean Sauce	Roasted Gammon Ham	Battered Alaskan Pollock or Salmon Fish fingers. Chef's steamed fish of the Day.	Macaroni Cheese topped with Tomatoes and Ham	
Something veggie	Vegetable Frittata	Quorn Chilli	Oriental vegetable stir fry with Egg Noodles	Roasted Peppers stuffed with Spiced Cous Cous	Baked Omelette with Peppers and Red Leicester	Vegetable Chilli with Rice and	French Stick Pizza, Mixed Leaf Salad Warm Potato Salad
On the side...	Sweet corn Green Beans Steamed Rice	Spaghetti Baton Carrots Garden Peas	Egg Noodles Broccoli Braised Red Cabbage	Roast Potatoes Roasted Butternut Squash, Buttered Green Cabbage	Chunky Wedges Baked Beans Garden Peas	Broccoli Chunky Honey Roasted Carrots	
White Jacket and Pasta Bar Red	Cheddar Cheese Sauce	Carbonara sauce	Wild Mushroom	Cheese and chive	5 Cheese sauce	Jacket Potato with Grated Cheese	
	Classic Tomato	Mushroom and red pepper	Arabiatta sauce	5 Bean Spicy Sauce	Quorn Bolognaise	Tuna Mayonnaise	
Something sweet	Apple and fruit oat Crumble with Custard	Jam Sponge with Chantilly Cream	Sticky toffee pudding with Toffee sauce	Chocolate Rice Pudding	Bread and Butter Pudding	Banana Cake	Jelly Pots
Fresh fruit & yogurt pots	Fruit salad pots and selection of seasonal fresh fruit served in peak condition, ripened and ready to eat. Variety of homemade yogurt pots with toppings available daily.						



Boarder's supper menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Bread	Selection of home baked breads						
Main meal	Hot Dogs (Beef)	Salmon and Prawn Bake	Pork Steak with a Honey Glaze	Spaghetti Carbonara	Chicken Breast Wrapped in Bacon	Homemade Turkey burgers in Sesame Seed Buns	Roast Beef and Yorkshire Pud
On the side...	Baked Beans and Baked Seasoned Wedges	Green beans	Roast Potatoes, Cauliflower Cheese	Garlic Bread Mixed Leaf Salad	Dauphinoise Potatoes, Mediterranean Veg	Mixed leaf Salad, Oven Baked Wedges	Roast Potatoes Cauliflower Cheese Garden Peas
Make your own salad or sandwich from our selection of breads, salads, cold meats and cheese							
Something sweet	Fresh Watermelon and Pineapple Wedges	Chocolate Fudge Brownie	Oat and Raisin cookies	Fresh Fruit Trifle	Warm flapjack Or fresh fruit	Banana Muffins	Ice Cream with a Warm Butterscotch Sauce
Fresh fruit	A selection of seasonal fresh fruit served in peak condition, ripened and ready to eat						



Tea menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Activity Snack	Cheddar Cheese on Toast or Bread with jam, honey or cream cheese	Quesquadillas Or Bread with jam, honey or cream cheese	MATCH TEA Sausage and Chips	English Muffins Or Bread with Jam, Honey or Cream Cheese	Jam Doughnuts Or Bread with Jam, Honey or Cream cheese



Salad bar menu

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Main selection	Tomato wedges Cucumber slices Iceberg lettuce Grated carrot Diced beetroot Coleslaw	Diced Tomatoes Diced cucumber Mixed leaves Sweet corn Celery sticks Sliced beetroot Coleslaw	Tomato wedges Cucumber slices Iceberg lettuce Grated carrot Diced beetroot Coleslaw	Cherry tomatoes Diced cucumber Mixed leaves Sweet corn Celery sticks Sliced beetroot Coleslaw	Tomato wedges Cucumber slices Iceberg lettuce Grated carrot Diced beetroot Coleslaw	Cherry tomatoes Diced cucumber Mixed leaves Sweet corn Celery sticks Sliced beetroot Coleslaw	
Mixed options	New Potato Salad with Red and Spring Onions	Pasta with Pesto, Rocket and Parmesan	Waldorf Pasta Salad	Sweet Chilli Noodles	Couscous with citrus fruit	Caesar salad	
Proteins	Grated cheddar Tuna mayonnaise Roasted Turkey Breast	Grated red Leicester Smoked Mackerel Corned Beef Cottage Cheese	Grated cheddar Prawn Cocktail Egg Mayonnaise Honey roast ham	Cottage Cheese with Pineapple Smoked Salmon Salad Turkey Breast	Grated cheddar Gammon Ham Boiled eggs Plain Tuna	Grated red Leicester Sliced turkey breast Cream cheese with chives	
Dressings	Mayonnaise, Chefs Dressing of the Week, Pickle , Balsamic Vinegar, Olive Oil, available daily.						